



# Community Newsletter

Sterling Pointe Senior Living  
September 2025



**ENRICHING THE LOVES OF THOSE WE SERVE**

**AGE MAGNIFICENTLY**



**Resident Bithdays**

9/4- Crystal R.  
9/6- Patricia F.  
9/19-Wendell O.  
9/21- Rachel S.  
9/22- Marianne P.  
9/23- Teresa W.

**Staff Birthdays**

9/5-Rachel R.  
9/9-Emma B.  
9/14- Hailey G.  
9/22- Abigil M.  
9/28- Cassie F.

**Staff Anniversary's**

9/8- Jenna N.  
9/26- Faith A.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**September**  
**Word Scramble**



September has brought a bit of chaos to these words! Can you help sort things out by unscrambling the letters and filling in the blanks with September-related terms? Give it a try and see what you can uncover!

munuta \_\_\_\_\_

clsoho \_\_\_\_\_

selvae \_\_\_\_\_

taervsh \_\_\_\_\_

epaslp \_\_\_\_\_

uimkpn \_\_\_\_\_

eroocl \_\_\_\_\_

cakbpac \_\_\_\_\_

cirsp \_\_\_\_\_

eesmtrbp \_\_\_\_\_

crhorad \_\_\_\_\_

jeatk \_\_\_\_\_

iedlf \_\_\_\_\_

ntoebko \_\_\_\_\_

ceraeht \_\_\_\_\_

asertew \_\_\_\_\_

niuqoxe \_\_\_\_\_

loalbtfo \_\_\_\_\_

eakr \_\_\_\_\_

smum \_\_\_\_\_

esaasnlo \_\_\_\_\_

sdihoay \_\_\_\_\_

csasl \_\_\_\_\_

socnra \_\_\_\_\_



# National Rootbeer Float Day!



## Spiritual Corner

**September 1st is Labor Day which is the honors of all who work which includes all of you who are retired. You all have worked hard your entire lives, and this is your season to rest.**

**For many of us, our purpose was what we did for a wages. But purpose does not retire when we do, it simply changes. Work isn't just about earning a paycheck. It is about contribution and you all contribute so much to our community. Be it volunteering, creating artwork or simply sharing your wisdom. Here in this community we celebrate the ways you live with purpose. Whether you are showing a new resident around our community, participating in a spark challenge or simply being a source of kindness to someone who is struggling. You matter!**

**Let's continue to support one another in the ways we connect with one another – because part of aging magnificently knowing that purpose does not fade with age.**







## Culinary Corner

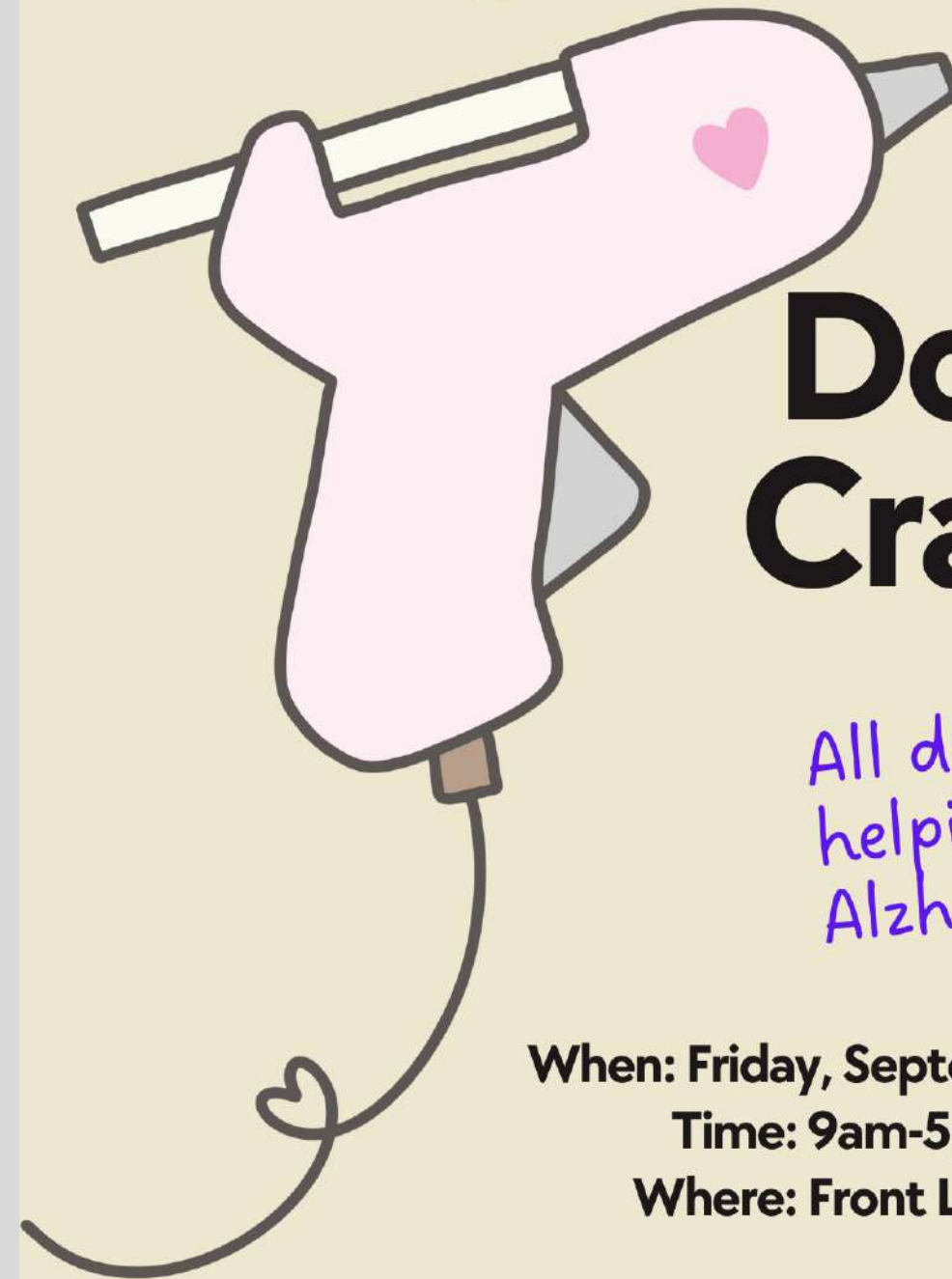
Hello,

I would like to start out by welcoming our newest culinary team members, Stephanie, Olivia, and Elaina they're a great addition to Sterling Pointe and have done an awesome job!! I would also like to thank my entire staff, all of you are awesome, and I cannot thank you all enough for a great job you do every single day!

Let's talk State Fair food and these are items you can make at home very easily. The corn dog on a stick we won't call it by the name at the Fair, but all we need to do is buy some wooden sticks to put our favorite hot dog on, I prefer all beef hot dogs, next we will slide the hot dog on the stick and set aside. We are going to need to make cornbread batter using corn muffin mix. I do not follow the directions on the box I just add water and stir until the batter is nice and thick and should not drip off the hot dog. Heat vegetable oil or canola which ever you prefer in a stock pot until temperature reaches 350 degrees, dip hot dog into corn batter and place into oil do not let go of the end of the stick until batter has become somewhat cooked. Cook until desired color golden brown and enjoy! The next one we can make using the same batter and technique is the cheese on a stick. First we will take block cheese what ever kind you like and cut a long hot dog shaped piece and place it on the stick. Dip cheese in corn muffin batter and fry in oil until desired color on outside is achieved, the inside should be melting and gooey, enjoy!!

Chef Joe

## Sterling Pointe Resident's Craft Sale



# Donation Craft Sale

All donations go to  
helping end  
Alzheimer's

When: Friday, September 5th

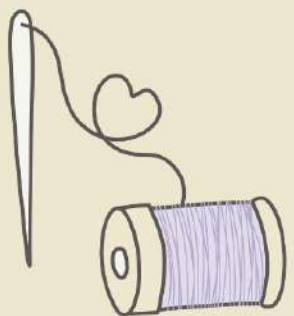
Time: 9am-5pm

Where: Front Lobby

1250 Northland Drive  
Princeton, MN 55371



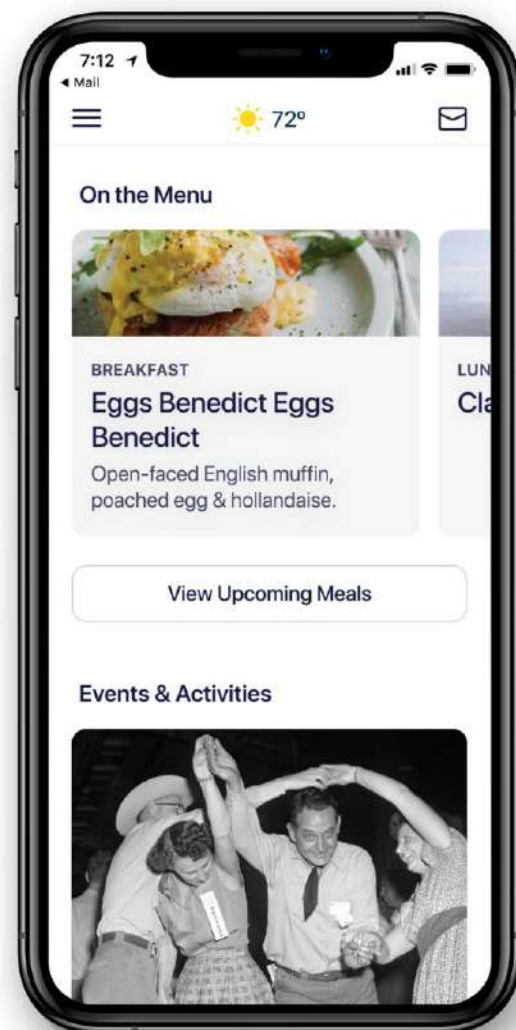
**Sterling Pointe**  
SENIOR LIVING  
A Lifespark Community





## Download the new mobile app for Sterling Pointe Senior Living

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in Princeton, MN



Access Quiltt for iOS, Android, or desktop

<https://get.quiltt.com/org/FMOJX>

Enter code FMOJX after opening the Quiltt app for the first time.



## Employee of the Month

**Congratulations Emily Carpenter for being our  
September 2025 Employee of the Month.**

**We are proud to recognize Emily for her hard  
work, dedication, and the positive impact she  
brings to our team and residents every day. She  
goes above and beyond for everyone and she does  
it with a smile on her face.**



## **Star Resident of the Month**

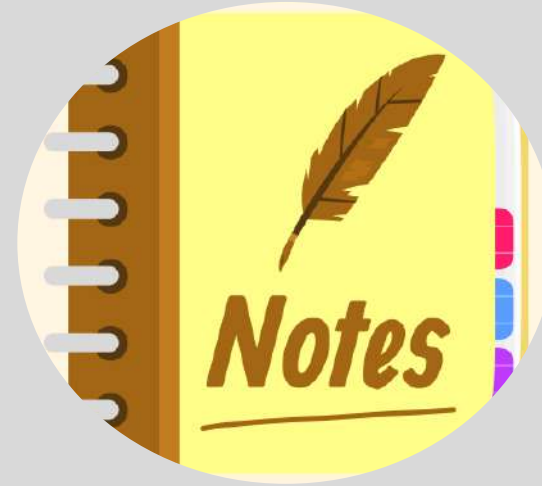


**Jeanette Courteau**

Jeanette was nominated as our September star resident of the month; she has a heart of gold and shows such kindness to everyone she meets! Jeanette was a teacher at St. Peters school for 6 years; there she taught 2nd and 4th grade! She then volunteered at her grade school as a fill in teacher, and on that same day they asked her if she would take the position full-time. She only spent a couple months with them and ended up going back to school for her bachelor's degree. Jeannette then started working as a 1st and 2nd grade teacher for over 30 years at Princeton school. She has always had a great passion to help little minds learn!

In her younger years she traveled to many Oriental places throughout her life with family, and friends! Some things in life that give her happiness are animals, children, singing and spending time with her 24 nieces and nephews. Something we may not know about Jeanette is that when she was 15 years old, she won a singing contest! She also was teacher of the year in her career years.

Jeannette plays such a great part in our community. She is always willing to volunteer her time helping other residents at bingo or in any way she can! She is our number one cheerleader and recruiter on our Sparks team. We could not be more proud to have Jeanette as a member of our Sterling Pointe family!



## **Resident Council Notes**

- Resident council meeting agenda and minutes
- Date: August 5th, 2025
- Community: Sterling Pointe
- Elected representative: Kelly Olson, CMLD
- Residents in attendance: 13
- Items discussed:
- July follow-ups
- Upcoming events
- Craft sale Date: Friday September 5th
- Discussed mowing the ditches ( The city owns the ditches so we cannot mow them)
- Outings for September- Green Barn, Amish store
- Discussed going to visit the Haubenschild dairy farm

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Please fill out a grievance form when there is an issue or concern, this helps our leadership staff to promptly address the situation in a timely manner. They are there for all family, residents and staff as needed! These forms are located by the front desk. Once completed please turn into the front office and give to a leadership staff member.