

# Community Newsletter

**Sterling Pointe Senior Living  
July 2025**



**ENRICHING THE LIVES OF THOSE WE SERVE.**

**AGE MAGNIFICENTLY**



**Resident Birthdays**

Bud T.- 07/22  
Yvonne E.-07/28  
Mary T.-07/29  
Dennis P.-07/30

**Staff Birthdays**

Adison M.- 07/02  
Julie B.- 07/04  
Olivia S.- 07/12  
Ashlynn H.- 07/18  
Catelyn A.-07/18  
Barb B.-07/23  
Bailey C.-07/28

**Staff Anniversaries**

Kristy R.- 07/26/2011  
Barb M.-07/26/2011  
Elle S.- 07/18/2024  
Emily R.- 07/18/2024  
Max C.- 07/18/2024  
Hailey G.-07/11/2023



4TH OF JULY  
Word Search



G	S	P	A	R	K	L	E	R	O	J	R
F	J	A	S	E	D	H	A	H	M	U	L
F	I	T	N	D	C	K	S	E	B	L	S
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E	T	I	E	T	F	R	E	E	D	O	M
J	C	O	E	W	A	R	U	A	N	G	M
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I	P	A	R	A	D	E	Q	S	N	U	O
T	C	A	H	M	A	E	U	N	L	I	T
E	B	E	M	D	H	J	T	B	L	A	Y

PICNIC	SUMMER	SPARKLER
FIREWORKS	FREEDOM	JULY
BARBECUE	PARADE	PATRIOT
RED	WHITE	BLUE



# SUMMER LOVIN WEEK

## JULY - 7TH-11TH

**MONDAY: AMERICA MONDAY**

**"RED, WHITE AND BLUE APPAREL"**

**MUSIC WITH RICK AND JOEL & SMORES ON THE PATIO**

**TUESDAY: SUMMER IS BRIGHT**

**"WEAR YOUR BRIGHT COLORS"**

**MAKING FRESH SQUEEZED LEMONADE**

**IN A BAG ON THE PATIO**

**FREEZES FOR STAFF & RESIDENTS**

**WEDNESDAY: WILD AND WACKY**

**"WEAR ANIMAL PRINT OR YOUR WACKIEST CLOTHES"**

**SQUIRT GUN PAINTING**

**POPCORN FOR STAFF AND RESIDENTS**

**THURSDAY: TROPICAL THURSDAY**

**"WEAR YOUR TROPICAL/HAWAIIAN CLOTHES"**

**WATER BALLOON WARS & MASON'S HAWAIIAN SHAVED**

**ICE TRUCK VISITING**

**FRIDAY: SUNS OUT GUNS OUT**

**"TANK TOP FRIDAY"**

**TATTOOS & BOOZE BOOTH**

**HAPPY HOUR**



## Spiritual Corner

JULY

One of the highlights of the summer season is the prevalence of music! Our communities burst with opportunities to hear live music, and the summer brings gatherings and occasions with music at the center. Every July, I love hearing a live rendition of "Stars and Stripes Forever" by John Philip Sousa. The piccolo solo toward the end always stirs my spirit and transports me to summers as a child sitting on the grass listening to an orchestra before the fireworks display. This music makes me feel full and alive and free. What are the songs of summer that bring you joy, make you feel alive, or stir in your soul? Why do they carry special meaning for you? What memories do they pull forward? What values or core beliefs do these songs remind you of whenever you hear them?



# Culinary Corner



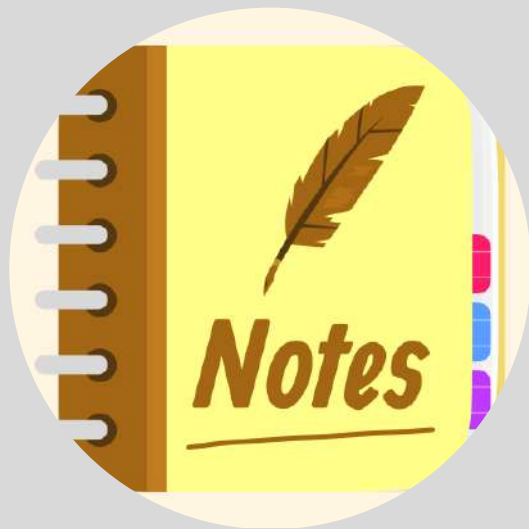
In this month's Culinary corner, I would like to welcome our new cook Aaron Halin to our culinary team. Aaron comes to us having worked at many restaurants in the surrounding area. Please stop up and say hello if you have not and welcome him to our team. Let's talk about bacon! Most people love bacon me included on that, most people when they cook bacon at home they fry it in a pan. I would like to change your mind on your cooking technique. Place your bacon on parchment paper and place it on a sheet pan and bake it. The bacon will turn out better quality wise and lay flat and not curl up. I would also like to give one of my favorite bacon recipes which is candy bacon. Place bacon on parchment paper and place on sheet pan. Sprinkle brown sugar on bacon and a light coating will do. Next sprinkle crushed red pepper (dried) on bacon and place in the oven at 375F until desired crispness. This is great on sandwiches and burgers alike, enjoy!

Chef Joe

## 2025 DOG SHOW







## **Resident Council** **notes**

- Resident council meeting agenda and minutes
  - Date: June 3rd, 2025
  - Community: Sterling Pointe
  - Elected representative: Kelly Olson, CML
  - Items Discussed:
  - May follow-ups
  - Patio furniture placement
  - Float staff
  - Request to bring in Waltz/Polka entertainers
  - Addressing the residents when furniture and tables are moved to different locations
  - Bringing in Rhubarb to make a garden in the back patio
- 

**Please fill out a grievance form when there is a issue or concern, this helps our leadership staff to promptly address the situation in a timely manner. They are available for all family, residents and staff as needed!**

**These forms are located by the front desk. When completed please turn into the front office and give to a leadership staff member!**



## **From your** **executive** **director-**

**Hello Everyone,**

**Happy July! Summer is officially here, and our community is buzzing with warm weather, sunshine, and plenty of smiles. From Fourth of July festivities to patio chats and ice cream socials, this is the season when our community truly comes alive. I hope you're all enjoying the fresh air, the longer days, and the joyful energy that July brings.**

**While we all love opening our windows or patio doors to let in that beautiful breeze, I want to take a moment to share an important reminder about safety and comfort inside your apartments. If you're opening a window or patio door to enjoy the fresh air, please make sure to keep your apartment door to the hallway closed.**

**This helps maintain proper air flow throughout the building and prevents any unexpected issues with temperature or humidity in our shared spaces. It also ensures our hallways stay comfortable for everyone and helps with the efficiency of our HVAC system.**

**As always, our goal is to keep everyone safe, happy, and feeling at home - and little habits like this go a long way.**

**Let's continue making this summer one to remember. Whether you're joining in our events, relaxing with friends, or just taking in the sunshine, know that each of you is what makes this community so special.**

**Warmly,  
Katie Rinehimer  
Executive Director**



## **Star Resident of the month**

**Evelyn Hanson  
(Toots)**

**Evelyn was nominated for the Star resident of July because of her wonderful smile and kindness to everyone she meets! Evelyn and her spouse Elmer were married for 13 years before he gained his angel wings. Evelyn worked at Federal Cartridge for over 25 years. She has always been a loving and devoted mother, raising her son Jerry and daughter Lynn in Elk River, MN. She is blessed with 6 grandchildren and 10 great grandchildren!**

**In her younger years her favorite pass times were crocheting, and all types of needle work! She had a love of making fresh bread and playing card games with friends and family! Something we may not know about Evelyn is her love for Baseball! She loves watching the Minnesota Twins on TV or listening to them on the radio! We are so blessed to have Evelyn as a part of our Sterling Pointe family!**



## **Employee of the month**

**The July employee of the month is Julie Braaten, Julie works in our culinary department. I have worked with Julie from the beginning of my employment at Sterling Pointe, both of us were employed by Cura foodservice first before being hired by Lifespark. From the first time I met Julie she has always been a cook that I could count on to make sure that the food was delicious and looked awesome as well. Julie has always had an excellent work ethic along with great tasting food. I enjoy working with her, it's too bad she only works two days a week as I would love to have her at work more. Julie has also developed many relationships with residents, and they love her too! We are so proud to have Julie on our culinary team as she is a wonderful team player, great cook and caring person that makes Sterling Pointe the greatest senior living! Thank you Julie!**

**Chef Joe**