

# Community Newsletter

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**STERLING POINTE SENIOR LIVING**  
**MARCH 2025**



**ENRICHING THE LIVES OF THOSE WE SERVE**

AGE MAGNIFICENTLY



RESIDENT BIRTHDAYS

MARIE T- 03/04  
JOAN B- 03/05  
BARB W- 03/08  
ELLENA R- 03/21  
BEVERLY S- 03/29  
LORRAINE C- 03/28

STAFF BIRTHDAYS

Madelyn B- 03/01  
Emily R- 03/09  
Abby S- 03/15  
Hallie S- 03/15  
Ashlee S- 03/30

STAFF ANNIVERSARY'S

Jennifer A- 03/04/24



Happy St. Patrick's Day!



N	L	S	H	A	M	R	O	C	K	A	U	T	I	L	U
S	U	H	M	F	K	I	R	E	L	A	N	D	W	F	P
T	C	Z	A	C	L	O	V	E	R	G	H	Q	N	A	X
N	K	M	R	H	G	W	H	V	X	G	K	S	R	C	S
I	F	Y	C	O	Z	A	K	S	A	N	E	T	I	I	K
A	U	T	H	L	A	V	I	N	M	R	Y	C	G	R	J
S	W	H	N	I	K	E	D	A	A	U	E	C	N	S	I
T	X	O	F	D	E	O	L	K	W	O	B	N	I	A	R
S	P	L	A	A	V	E	O	E	D	P	G	H	R	N	D
A	A	O	K	Y	U	M	G	S	G	R	E	E	N	L	U
E	T	G	B	C	I	N	U	A	H	C	E	R	P	E	L
F	R	Y	Z	Z	S	N	A	Q	C	J	Y	N	V	S	B
I	I	V	T	R	A	D	I	T	I	O	N	B	Y	F	V
B	C	F	T	E	M	E	R	A	L	D	T	C	E	W	A
Q	K	O	Z	O	E	T	A	R	B	E	L	E	C	H	A
N	P	A	R	A	D	E	E	R	O	L	K	L	O	F	E

- TRADITION  
SHAMROCK  
PARTY  
SAINT  
LUCK  
MARCH  
PATRICK  
DANCE  
SNAKES  
HOLIDAY  
GREEN  
FOLKLORE  
EMERALD  
CELEBRATE  
RAINBOW  
IRISH  
IRELAND  
FEAST  
POT  
LEPRECHAUN  
PARADE  
CLOVER  
GOLD  
MYTHOLOGY

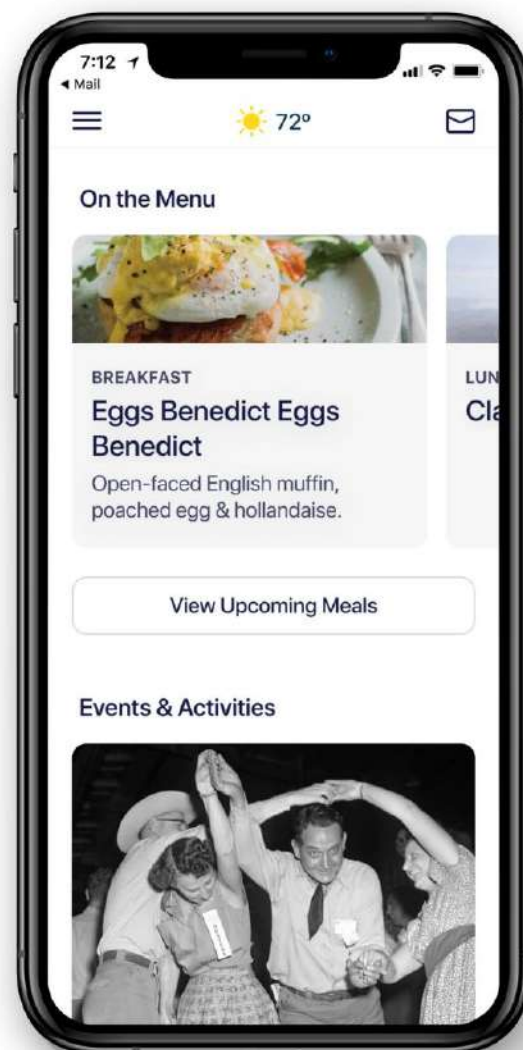






## Download the new mobile app for Sterling Pointe Senior Living

- ♦ View upcoming activities and events
- ♦ See what's on the menu each day
- ♦ Access common resources
- ♦ View and share community photos
- ♦ Receive emergency alerts & updates
- ♦ Check the local weather in Princeton, MN



## Access Quiltt for iOS, Android, or desktop

<https://get.quiltt.com/org/FMOJX>

Enter code FMOJX after opening the Quiltt app for the first time.



## SPIRITUAL CORNER

Come, thou fount of every blessing. Tune my heart to sing thy grace!

–Robert Robinson (1758)

I grew up singing one of my favorite songs, Come Thou Fount of Every Blessing. I've sung it hundreds and hundreds of times in my life, but it became my favorite because of some very specific memories. I remember as a child, visiting my grandparents who lived in another state. I remember sitting in the hard, wooden pews of their small-town church, snuggling into my grandmother's warmth, feeling her deep breaths and the vibrations of her singing, "tune my heart to sing thy grace." I felt safe there, and I knew that I was loved. In a way, those moments were attuning my own heart to experience and treasure the faith that has been passed down in my family for generations, even as I have grown into a faith of my own. When you think about what faith – or spirituality – means in your life, are there people or places, songs or words that make you feel safe and loved? How has your own belief been shaped? Who has been a part of your journey to becoming who you are?



## **CULINARY** **CORNER**

I am going to share one of my favorite cold weather comfort soups which is my homemade tomato basil soup.

Step 1. Core and quarter 6 tomato's

Step 2. Blend quartered tomatoes in food processor to create a tomato mush.

Step 3. Place ground tomatoes in stock pot and cover the number of tomatoes with white wine.

Step 4. Place 1 tablespoon of thyme leaves in a pot and cook mixture until wine is cooked out by half, when wine is cooked out by half add 1 quart of heavy cream and 1 can of crushed tomatoes and simmer soup for 1 hour.

Step 5. You will salt and sugar soup to taste yes sugar as tomatoes are very acidic and sugar balances this out. Once you have desired taste between salt and sugar which is up to you, the next step will be to grind fresh basil leaves and olive oil to make a basil paste which you then pour into the soup. You may add as much or as little as you like with the basil paste, you may also want to add any basil and just leave it as a tomato soup, the choice is yours.

This soup goes great with a adult grilled cheese with parmesan grilled on the outside of the bread yum!

## **Sterling Pointe Royalty Court 2025**

**King & Queen**  
**Bud T. & Arvilla S.**

**Prince & Princess**  
**Jack H. & Jackie H.**

**Each year at Sterling Pointe we celebrate a fun-filled week of love and friendship during Valentine's week. We end the week with crowning our Sterling Pointe Royalty!**

**Each Royalty member received a gift certificate from our beauty shop, a certificate of congratulations, a delicious bar of chocolate and will get to enjoy a four-course private lunch for the ultimate royalty experience! In June we will celebrate our royalty court, with a formal ride in the Princeton Parade! Congratulations to you all!**





## ....Picture Perfect....



### STAR RESIDENT OF THE MONTH

John Hoss (Jack)

Jack was nominated for our star resident of the month of March because of his charismatic smile and willingness to always put others before him.

Jack served 6 years in the Navy, in the Submarine Service. When his service duties ended he went back to college for tool and die work.

Jack spent 52.5 beautiful years with his wife April, before she gained her angel wings. The couple raised there 3 children together in their home that was buttered up to the Sand Dune State Forest. They spent their years teaching the kids to skate on the pond next to their home, and taught them everything you can know about hunting and fishing. They spent 26 years there, while the children were growing.

Jack enjoys spending his time with family and friends. He has a strong love for the outdoors! You can usually find Jack on the back patio, whether he is shoveling snow, feeding the birds, helping in the gardens, or enjoying his pipe.

Something we may not know about Jack is in high school he was a gymnast and a wrestler! He went to state for wrestling with his high school friend. Jack placed second place and his friend placed first place!

We are so happy to have Jack as a member of our Sterling Pointe Family!







## **EMPLOYEE OF THE MONTH**

**Chaplain Jean Obresky**

**Congratulations to our employee of the month for March!**

**Jean started as our in house Chaplain in September 2024. She has become a very special member of the Sterling Pointe team. Chaplain truly cares for our residents, and staff. She is kind, compassionate, and has brought warmth and comfort to many people in our community. Chaplain takes the times to connect with our residents and staff, she joins in on activities and is one of our biggest cheerleaders for our Sparks challenge days.**

**Thank you Chaplain Jean for the difference you make here at Sterling Pointe, we appreciate your hard work and dedication!**

## **RESIDENT COUNCIL NOTES**

- **Resident council meeting agenda and minutes**
- **Date: February 4th, 2025**
- **Time: 2:30pm-3:15pm**
- **Community: Sterling Pointe**
- **Elected representative- Kelly Olson, CML**
- **Residents in attendance: 8**
- **Invited member: Executive Director**
- **Setting up a free table for residents with unwanted items**
- **Room tray delivery clarification**
- **Making sure to introduce yourself when entering a residents room**
- **Chef Joe will be doing a cooking demo in March**
- **The Executive Director went over survey results**

**Grievance forms are located by the front desk. Once, completed please turn form into the office and give to a leadership staff member. Please use these forms when there is a concern/issue, this helps our leadership staff promptly address the situation in a timely manner. These are available for residents, family, and staff members as needed.**

