

## Age Magnificently



## Our Community Newsletter

Discover what's going on in our community.



#### **Resident Birthdays**

12/1- Kathleen I. 12/7- Carol E. 12/9-Del L. 12/15-John H. 12/25-Betty Jean G.

#### **Staff Anniversarys**

12/8-Tori S. 12/18-Conie P.



#### **Staff Birthdays**

12/1- Max C. 12/5 -Tristina O. 12/6-Barb M. 12/09-Jasmine M. 12/18-Cheyenne C. 12/26- Brenda B. 12/27-Holly F. 12/28-Faith A. 12/29-Britnie S. From the Executive Director



Merry Christmas!

This is truly the most wonderful time of the year. I LOVE Christmas, everything about it makes my heart so very happy. The holiday season is filled with friends, family, food, music, and love. As I look over the last year and reflect on 2024, I have so much to be grateful for, mainly my new friends that have become like family to me, here at Sterling Pointe. Joining the amazing team at Sterling Pointe was a big decision for myself and my family, and I am so very happy that I took that leap of faith. Thank you for making not only myself, but my family feel so welcome at Sterling Pointe.

May your season be filled with joy and happiness.

With Gratitude,

**Katie Rinehimer, Executive Director** 

#### DECEMBER

December, for a variety of reasons, brings many celebrations. It's a time for honoring traditions and for making new ones! What is something that you always do in December? Has that tradition changed in more recent years?

Celebrations are an important part of our shared rituals and routines. When we live together in community, we share one another's struggles, to be sure. And we also have the privilege of celebrating together! Since you've come to senior living, have you learned about any of your neighbors' favorite traditions or celebrations? You just might discover it a blessing to your spirit when you share celebrations. May this be a season of great purpose for you, and may you finish this year knowing the blessings of belonging in community.

#### **Community Happenings**

- 12/1-Cristmas carols & lessons with Emmanual Lutheran Church
- 12/2-Bingo with Phillips Distillery
- 12/3-All residents meeting
- 12/4-The Christmas carol play- by Markus the magician & New Life Church singing carols around the building- 545pm
- 12/5-Wine glass christmas craft
- 12/6-Walmart outing
- 12/7- Girls Scouts singing carols around the building-4pm
- 12/8-Penny pitching prize game
- 12/9-Music with Rick & Joel
- 12/10-Snowman and ornament decorating & Casino outing
- 12/11-Music- Jerry's one man band
- 12/12-Krumkake making
- 12/15- Frisbee throw prize game
- 12/16-Wooden christmas tree craft & Christmas carols by the Princeton Lions around the building-4pm
- 12/17-Duck bingo
- 12/18- Cards with Civic Betterment & Christmas light drive
- 12/19- Music with Kevin
- 12/23- Christmas cooking decorating & music with Brad
- 12/24-Snow ball toss
- 12/25- Cocoa and singing carols & Christmas movie on memory care
- 12/26-Music with Scott
- 12/29-Penny pitching prize game
- 12/30-Bingo
- 12/31- New Years 2025 celebration



## From our kitchen to yours By. Olivia Stout

Hi, my name is Olivia Stout. I am 17 years old and attend Princeton Online High School. Some of my favorite things to do are play softball, my positions on the team are catcher and outfield. I also enjoy hang out with my friends, and listening to music! One of my biggest achievements has to be hitting an over the fence home-run 2 years in a row!

My favorite recipe would have to be my grandmas monkey bread. Thaw bread dough. Cut one loaf into small pieces and put in the bottom of greased 9 x 13-inch pan. Mix pudding, brown sugar, margarine and milk in small saucepan. Cook until margarine is melted, then pour over dough. Cut up the other loaf and put on top. Sprinkle with cinnamon.Let rise until pan is full. Bake at 350° for 20-25 minutes. Invert on cookie sheet or large tray.



# Star resident of the month

### **Joanne Ahner**

Joanne was nominated for the star resident of December, because of her spunky personality and big heart! Joanne grew up on a farm with her parents and two siblings. Later in life she met her husband Dave, on a blind date. The couple were married on September 24th, 1977. They shared their life together in their home in Maple Grove. Joanne spent 42 years working at Joyners as a Factory worker.

Dave and Joanne spent a lot of their free time taking road trips and traveling with family. Joanne said her favorite trip was when they went to Montana, because it was Daves first time visiting that state, it was a new experience for him, and she was happy to be able to share that with him.

Some of her favorite hobbies include fishing, coloring, cooking, and baking. She loves to make chow mein and chocolate chip cookies. Her husband says she has always been a great cook, especially when she made her chocolate chip cookies!

One thing we may not know about Joanne is her love for animals. She absolutely adores kittens! When she grew up on the farm, she had a kitten named Snowy. She was pure white with black toes.

We are so thankful to have Joanne as a part of our Sterling Pointe family!



# Employee of the month

## Karen Ruschmeier

Karen was nominated as our employee of the month for December. Karen started in the kitchen as a server and is now an activities assistant in the community life department.

Karen goes above and beyond for our residents and other employees here at Sterling Pointe. She always comes to work with a smile on her face and ready to make someone's day bright!

In her spare time, she likes to volunteer her time here at Sterling Pointe by coming up with fun crafts to do with our residents and their family members.

We appreciate everything that Karen does for our facility, and we're truly blessed to be able to have her be a part of our family at Sterling Pointe!



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